August 7, 2017 – The Postdoc Update will be sent as needed over the summer.
Follow us on Twitter & Facebook for more updates!

Events This Week
1. WUSTL Speaks Toastmasters Club on the Danforth Campus 8/9
2. Bike Tune-Up and Commuter Resource Fair – Danforth Campus 8/10
3. WashU Med Masters Toastmasters 8/10
4. Lunchtime Yoga 8/11

Events Next Week
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6. Lunchtime Yoga 8/18

Future Events
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11. Christine Mirzayan Science & Technology Policy Fellowships
12. American Association of Anatomists Postdoctoral Fellowship
13. Burroughs Wellcome Fund Career Awards for Medical Scientists (CAMS)
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16. Call for Abstracts: 2017 Neuroscience Retreat – Due 8/15
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19. Register for Fall 2017 English Language Program Courses
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23. Cold Spring Harbor Laboratory Meetings & Courses Program
24. Science and Research Opportunities in India (Sci-ROI) Young Investigators Meeting

FYI
25. WUPS Facebook Page!
26. Postdoc T-shirts!

Events This Week
1. WUSTL Speaks Toastmasters Club on the Danforth Campus 8/9
Wednesday, August 9, 2017 • 12:00 pm
Open to all WUSTL faculty, staff and graduate students. Come see what Toastmasters is all about! This friendly public speaking club is a great place to develop your presentation and leadership skills, as well make new friends from across Wash U’s campus. NEW SUMMER LOCATION – From May 17 to Aug. 9 – Umrath Hall, Room 140.
More info: http://wustlspeaks.wustl.edu/?_ga=2.233489694.1803483521.1500385603-378310338.1443814332
2. Bike Tune-Up and Commuter Resource Fair – Danforth Campus 8/10
August 10, 2017 • 11 AM – 2 PM
Join the Office of Sustainability and Parking and Transportation Services in front of the Danforth University Center Thursday, August 10 from 11am-2pm for a free Bike Tune-up and Commuter Resource Fair! We will be ready to talk about tips for ensuring you have a safe and comfortable active commute! If you would like to receive an email reminder the day of the event, please fill out this form. To learn more about Velofix, go to https://www.velofix.com/.

3. WashU Med Masters Toastmasters 8/10
Thursday, August 10, 2017 • 12:00 pm
Meets on the second and fourth Thursday each month. Toastmasters International is a learn-by-doing workshop. The club offers opportunities to network with Toastmasters in the greater St. Louis area and around the globe at regional meetings and international conferences. Contact: Ariana Jasarevic at jasarevic_a@wustl.edu. Medical Campus, Mid Campus Center (MCC), 2nd floor Conf. Room 2057.
More info: http://hr.wustl.edu/career_development/Pages/Toastmasters-International.aspx

4. Lunchtime Yoga 8/11
Location: 4444 Forest Park, Suite 6318 (6th Floor)
Time: noon-1 pm
Cost: Suggested $5-$10 cash donation
All abilities are welcome and the class will accommodate all participants. Please bring water, yoga mat and towel. This series is part of wellness initiatives at the Institute for Informatics & Division of General Sciences.

5. Work-Life Solutions Webinar 8/17
Developing Will Power and Self-Control for Behavior Change: a Work-Life Solutions Webinar
August 17, 2017 • 12 PM – 1 PM
Establishing self-control over behaviors such as overeating, smoking, gambling, pornography consumption, shopping, gambling and other addictive behaviors can be extremely difficult and discouraging. This course will address the nature of will power and how to develop self control for effective behavioral change.
After attending this event, log into your WebMD Portal and navigate to the Rewards page activity log to manually record your attendance and earn 5 Yay! points.

6. Lunchtime Yoga 8/18
Location: 4444 Forest Park, Suite 6318 (6th Floor)
Time: noon-1 pm
Cost: Suggested $5-$10 cash donation
All abilities are welcome and the class will accommodate all participants. Please bring water, yoga mat and towel. This series is part of wellness initiatives at the Institute for Informatics & Division of General Sciences.

7. WebMD Stress Specialist Health Coaching – An Introductory Webinar
August 24 – 17, 2017
Are you curious about Health Coaching and how it can assist you? Are you feeling stressed out and looking for resources to help you cope? Join this webinar to learn more about your WebMD Stress Specialist Health Coaching program. This may be the perfect fit for you! Anita Ridolfo is the supervisor of the Stress Specialist team at WebMD. She has worked with WebMD for almost 14 years, 7 of those as a Stress Specialists coach. Anita has 20 years of experience in Behavioral Health. She was a Child and Family Therapist prior to working as a health coach. Anita is a Nationally Certified Counselor (NCC), a Distance Certified Counselor (DCC) and a Board Certified Coach (BCC). Click here to register. You will receive a confirmation email containing information about joining the webinar. More information about the WebMD Health Coaches can be found here.

8. Lunchtime Yoga 8/25
Location: 4444 Forest Park, Suite 6318 (6th Floor)
Time: noon-1 pm
Cost: Suggested $5-$10 cash donation
All abilities are welcome and the class will accommodate all participants. Please bring water, yoga mat and towel. This series is part of wellness initiatives at the Institute for Informatics & Division of General Sciences.
9. WUPS Ice Cream Social 8/28
Come join the WashU Postdoc Society for our Summer Ice Cream Social! We’ll be serving Ted Drewe’s and some refreshing beverages. The Ice Cream Social will be held on Monday, August 28th from 4:30-6:00 pm in the Shaffer Courtyard, located in the McDonnell Science Center, on the Medical School Campus. The rain location will be held in the Shell Café. Please RSVP here. https://goo.gl/forms/a3Ho1OBuil5FeZg83

Fellowships, Awards & Contests
10. BWF Career Awards at the Scientific Interface
BWF’s Career Awards at the Scientific Interface (CASI) provide $500,000 over five years to bridge advanced postdoctoral training and the first three years of faculty service. These awards are open to U.S. and Canadian citizens or permanent residents as well as to U.S. temporary residents. The competition will employ a two-stage process. Pre-proposals will be reviewed and full proposal invitations will be sent by November 14, 2017. All applicants will be required to complete a web-based questionnaire assessing their eligibility to apply for this award. If eligibility criteria are met, applicants will be automatically directed to the web-based pre-proposal application. It is strongly recommended that potential applicants review the Request for Proposals prior to accessing the eligibility questionnaire. Pre-proposal due: September 6, 2017.
More information: https://www.bwfund.org/grant-programs/interfaces-science/career-awards-scientific-interface

11. Christine Mirzayan Science & Technology Policy Fellowships
The Christine Mirzayan Science & Technology Policy Graduate Fellowship Program, now in its 19th year, provides early career individuals with the opportunity to spend 12 weeks at the Academies in Washington, DC learning about science and technology policy and the role that scientists and engineers play in advising the nation. Applicants MUST submit all of the application materials by September 8, 2017.
More information and to apply: http://sites.nationalacademies.org/PGA/policyfellows/PGA_048504

12. American Association of Anatomists Postdoctoral Fellowship
The Postdoctoral Fellowship is intended to provide salary support to an AAA member who is a postdoctoral trainee working in any aspect of biology relevant to the anatomical sciences. AAA will provide $20,000, plus travel support and registration fee (at early registration rate) to the next appropriate AAA Annual Meeting. The postdoc’s laboratory must supplement this stipend with funds that equal or exceed the NIH standard salary support for postdoctoral fellows. In addition, the laboratory must provide funds for health insurance for the postdoctoral fellow. Application deadline: October 2, 2017
More information: http://www.anatomy.org/postdoctoral-fellowship.html

13. Burroughs Wellcome Fund Career Awards for Medical Scientists (CAMS)
Deadline is 10/3, 4 pm EDT
The Career Awards for Medical Scientists (CAMS) is a highly competitive program that provides $700,000 awards over five years for physician-scientists, who are committed to an academic career, to bridge advanced postdoctoral/fellowship training and the early years of faculty service. Competitive candidates for the CAMS award must have at least two years or more of postdoctoral research experience, be two years away from becoming an independent investigator, be a first author on at least one publication in a high impact top-tier journal, and have a significant publication record. Candidates must hold an M.D., D.S., D.V.M., or D.O. degree.
More information: http://www.bwfund.org/grant-programs/biomedical-sciences/career-awards-medical-scientists

14. AES Postdoctoral Research Fellowships
AES Postdoctoral Research Fellowships support postdoctoral trainees conducting research into the causes, treatment, and consequences of epilepsy under the guidance of a mentor with expertise in epilepsy research. The fellowship award offers up to $45,000 for stipend and travel support for one year, as well as a one-year AES membership. The number of awards granted each year is contingent upon available funds. LOI due: October 5, 2017
More info: https://www.aesnet.org/research/funding%20for%20junior%20investigators/Post-Doctoral%20Research%20Fellowships

15. AAAS Science & Technology Policy Fellowships
AAAS Science & Technology Policy Fellowships (STPF) provide opportunities to outstanding scientists and engineers to learn first-hand about policymaking and contribute their knowledge and analytical skills in the policy realm. Fellows serve yearlong assignments in the federal government and represent a broad range of backgrounds, disciplines, and career stages. Each year, STPF adds to a growing corps over 3,000 strong of policy-savvy leaders working across academia, government, nonprofits, and industry to serve the nation and citizens around the world. The application deadline is November 1, 11:59 p.m. ET. For more information about the AAAS Science & Technology Policy Fellowships, please visit our website at http://www.aaas.org/stpf. Questions? Please contact us at fellowships@aaas.org or 202-326-6700.
16. Call for Abstracts: 2017 Neuroscience Retreat – Due 8/15
Call for Abstracts for the **2017 Neuroscience Retreat**. *Abstract submission deadline: Tuesday August 15 (midnight)*
The Retreat is Thursday October 12 - Friday October 13 at **Trout Lodge (Potosi, MO)**, with keynote speakers **Beth Stevens, PhD** (Boston Children's Hospital / Harvard Medical School) and **Susana Martinez-Conde, PhD** (SUNY Downstate Medical Center). The goal of this decades-long retreat is to foster scientific and social interactions among faculty, post docs, and students across departments and PhD programs.

**Post Docs:** You are invited to submit an abstract that will be considered for a short talk or a poster. (Alternatively, you may opt to present a poster.) A review committee will select who will give short talks, considering multiple criteria including scientific topic, approach, and graduate program. Student and post doc presenters at the Retreat will be eligible for a Tom Thach Award: **Post doc presenters who submit an abstract by the August 15 deadline are eligible to compete for a Tom Thach Award.** The Thach award was initiated at the 2014 Neuroscience Retreat to honor Tom’s scientific contributions as well as his musical entertainment at many past Retreats. Two winners will be selected (one from the short talks and one from the posters) and each will receive $500. To be eligible, the work must have been completed at Washington University, and the presenter must be the primary person responsible for the research results. The Thach Awards are made possible by support from the McDonnell Center for Cellular and Molecular Neurobiology and the McDonnell Center for Systems Neuroscience.

**How to submit an abstract:** Complete the abstract submission form (link below). If you prefer to not use the web form for your submission, please contact Lisa Solinger or Jenna Krizan for additional instructions. [Click here to submit an abstract](https://crtc.wustl.edu/otg/nih-mock-study-section/)

**Summary:**
*August 15:* Deadline for abstract submission

*Early September:* Students and post docs will be notified if they will be giving a short talk or presenting a poster

*October 12-13:* Neuroscience Retreat!

17. NIH Mock Study Section – LOI Due 8/18
**Tuesday, November 14, 2017, 12:00 - 4:00 p.m.**
**Center for Advanced Medicine, Conference Room 1**
The Office of Training Grants invites you to participate in the biannual NIH Mock Study Section.

**All investigators** preparing an NIH grant application for the R, K, and F series are encouraged to submit their clinical or translational proposals for this internal review. Grant applications will be reviewed, critiqued, and scored by three internal faculty members as well as other study section members and the feedback will be distributed to applicants prior to the NIH grant deadline. **Since its inception in 2014, more than 50% of Mock Study participants that have submitted their applications to NIH have been funded.**

**Observers** are also encouraged to attend to get a better understanding of the review process.

**Faculty** with NIH study section experience, we need your help! Please let us know if you are willing to participate and your areas of expertise. If interested, email: eabente@wustl.edu.

**Letters of Intent are due Friday, August 18, 2017.** Guidelines can be found [here](https://crtc.wustl.edu/otg/nih-mock-study-section/). More information: [https://crtc.wustl.edu/otg/nih-mock-study-section/](https://crtc.wustl.edu/otg/nih-mock-study-section/)

18. *New Short Course* U29 Bio 4867: Career Planning for Biomedical Scientists

Postdocs should register online for Section 2: [https://acadinfo.wustl.edu/ucollege/?term=FL2017&dept=U29](https://acadinfo.wustl.edu/ucollege/?term=FL2017&dept=U29)

**Section 2 Meeting Time:** Mondays 2:00 pm-4:00 pm, October 23-December 4, 2017

**Course Description:** This is a 6-week course for postdoctoral researchers (Section 2) who want to jump-start career planning and professional skills needed for a broad range of scientific careers. This course will guide you through the process of self-assessment, career exploration, and goal-setting for long-term success. You will work on a team to research the scientific career path of your choice. Each team will study the specific required knowledge, skills, and attributes of their career interest or employment sector. As part of this research project, you will have the opportunity to network with alumni or local leaders in your chosen field, gaining valuable real-world insights and creating essential professional connections. **Section 2: Recommended for postdocs who have been in their lab for at least 6 months.** Meets October 23, 2017-December 4, 2017.

Info on Postdoc Tuition Benefit: [http://hr.med.wustl.edu/Benefits/PostdoctoralAppointees/Pages/TuitionAssistance.aspx](http://hr.med.wustl.edu/Benefits/PostdoctoralAppointees/Pages/TuitionAssistance.aspx)

19. Register for Fall 2017 English Language Program Courses
In the English Language Programs (ELP), we provide classes and academic support designed to strengthen English language skills and help non-native English speakers succeed at Washington University in St Louis. We offer courses throughout the year to refine presentation skills, academic and research writing, communication skills, advanced conversation skills, and more. Our ELP courses and tutorials offered in University College are free for anyone eligible for the Postdoc Tuition Benefit. We also offer appointment-based support, workshops, conversation practice, and placement testing at no charge to the university community.

[https://oisw.wustl.edu/english-language-programs/](https://oisw.wustl.edu/english-language-programs/). Here are the courses which will be offered on the Medical Campus in fall 2017:

- **U15 213 ELP: Fundamentals of Research Writing for the Sciences**
  **Meeting Time:** Wednesday 4:00-7:00 PM (Room TBD)**
Course Description: This course covers grammar, structure, style, and information flow for research articles in the natural sciences. Participants use their own current work to practice writing, proofreading, and editing all sections of a research article. Participants also learn how to make the most of current language learning technology, including textual databases that enable them to find answers to their questions about elements of usage and structure typical for writing in their fields. Several editing workshops and individual tutorial meetings are built into the course to address language issues common to the course participants and to help strengthen participants’ skills at editing their own writing.

- **U15 270 ELP: Presentations Skills for the Sciences**
  - **Meeting Time:** Tuesday 6:00-8:00 PM (Room TBD)
  - **Course Description:** In this course for students and professionals in scientific fields who are nonnative speakers of English, participants develop their oral presentation skills. Organization, presentation style, pronunciation, and cross-cultural issues are addressed. Videotaping, individual feedback, and plenty of practice form the basis for assessment. By the end of the class, participants will have produced and practiced a complete presentation about their own research interests.

Free opportunities for additional language practice:

- **Medical Campus Book Club:**
  The English Language Programs hosts a medical campus book club in the Farrell Teaching and Learning Center. The book club meets every other Thursday from 5 until 6 pm throughout the year with the exception of a short summer break. All are welcome! Please email the book club facilitator if you are interested or would like more information: Cathy Raymond, craymond@wustl.edu.

- **Medical Campus English Corner:**
  Thursdays from 6:15-8:15 pm. Come join us for weekly opportunities to practice speaking English informally. Meetings take place at Kaldi’s in the Farrell Learning and Teaching Center. All are welcome!

**20. Institute for Public Health 10th Annual Conference: Call for Poster Abstracts**
September 27, 2017, 12 p.m. - 5 p.m.
Eric P. Newman Education Center, Medical Campus
The Institute for Public Health’s annual conference and poster session provides an opportunity for students, academics, and professionals to expand their knowledge and network.

Theme: *Why Science Matters: The Case for Evidence-Based Public Health*

Keynote speaker: **Dr. Ross Brownson**, Bernard Becker Professor, Brown School and School of Medicine

Call for Posters: We invite poster abstract submissions that relate to this theme. We are also accepting abstracts on general public health optics. Poster space is limited. [Submit your abstract](#). **Abstracts due September 1, 2017.**

**21. Common Reading Program – Frankenstein**
The Staff Common Reading Book Program is the Common Reading Program parallel program for staff/faculty. Celebrating the 200th anniversary of its publication, the Common Reading Program book selected for the Class of 2021 is **Frankenstein** by Mary Shelley and as such will also serve as the 2017 Staff Common Reading Book.
The Staff Common Reading Book Program aims to:
- provide a common intellectual experience for staff/faculty;
- provide an opportunity for staff/faculty to meet and interact with each other in informal social discussions;
- provide an opportunity to promote the spirit of inquiry and debate that is a foundation of our university;
- create additional points of connection for staff/faculty with incoming first year students and alumni.

Register and more info: [https://diversity.wustl.edu/framework/faculty-advancement-institutional-diversity/staff-common-reading-program/](https://diversity.wustl.edu/framework/faculty-advancement-institutional-diversity/staff-common-reading-program/)

**Other Opportunities**

**22. NIH Loan Repayment Program**
NIH Loan Repayment Programs will begin accepting applications beginning September 1.
Interested in having the NIH pay off your Student loans while you remain in academic research? Check out the NIH loan repayment program at [www.lrp.nih.gov](http://www.lrp.nih.gov), or contact your local Washington University LRP ambassador, Kathryn Knoop, at kknoop@wustl.edu, for more information.

As a reminder, the NIH Loan Repayment Programs are a set of programs established by Congress designed to recruit and retain highly qualified health professionals into biomedical or biobehavioral research careers. The NIH LRP pays up to $35,000 annually of qualified educational debt in return for a commitment to engage in NIH mission-relevant research. For information about eligibility requirements, visit [https://www.lrp.nih.gov/eligibility-programs](https://www.lrp.nih.gov/eligibility-programs). **The NIH LRP will begin accepting applications on September 1 – November 15.**

**23. Cold Spring Harbor Laboratory Meetings & Courses Program**
The Meetings & Courses division at Cold Spring Harbor Laboratory (CSHL) is pleased to announce the ENABL scholarship program (Empowering Nextgen Advanced Biomedical Leadership). This program provides partial financial support for trainees to participate in one of our immersion laboratory courses followed by a professional development workshop, all of which are held annually. This notice is to alert you that application deadlines are approaching for two of the designated courses/workshops:

- **Scientific Writing Retreat** (deadline September 8th)

To be considered for the scholarship program, you need to 1) apply for a designated laboratory course (see below), 2) submit a financial aid request as part of your application materials, and 3) be accepted into and complete the course. You’ll then be eligible to receive additional scholarship support should you decide to apply for a subsequent professional development workshop. The order of courses does not matter: you can participate in a workshop followed by a laboratory course if you choose. It is also not necessary to participate in both the same year; this scholarship program is currently funded through 2019. Finally, the scholarships are not binding: you can accept and use a scholarship for a laboratory course without participating in a subsequent professional development workshop.

Questions? Feel free to contact **Charla Lambert** in the CSHL Meetings & Courses Program.

**24. Science and Research Opportunities in India (Sci-ROI) Young Investigators Meeting**

*September 9-10, Chicago, IL*

Science and Research Opportunities in India (Sci-ROI) is a US based volunteer run and a non-profit organization. Sci-ROI was initiated by a group of postdocs and Professor Aseem Z. Ansari of the University of Wisconsin-Madison under the ambit of **WINStep Forward** – a nonprofit that promotes science and technology between India and the USA. Sci-ROI is pleased to announce that our 2017 annual event (YIM-C) will be held on Sep, 2017 in Chicago. YIM-C will be a multidisciplinary event to facilitate interaction of Graduate students, Postdoctoral fellows, Research Scientists, Scholars, Industry leaders and Entrepreneurs with the senior policy makers, scientists and entrepreneurs from India to promote multi-level collaborative initiatives across various disciplines in Academia, Industry and Government between India and the United States. The event will highlight the diversity of talent in the midwest doing leading research and development, while exposing them to the unlimited opportunity for engagement and collaboration in various sectors thus, enabling establishment of a network between individuals and agencies in India and the US.

Register and more info: [http://sciroi.net/yimc2017.html](http://sciroi.net/yimc2017.html)

**FYI**

**25. WUPS Facebook Page!**

The WashU Postdoc Society has launched a new Facebook page: [https://www.facebook.com/WUPostdocs/](https://www.facebook.com/WUPostdocs/) (@WUPostdocs). Like them on Facebook to stay up-to-date with the latest events, seminars, and relevant information for WU postdocs!

**26. Postdoc T-shirts!**

We have postdoc T-shirts! They are charcoal gray with a white WU logo on the front, and the word POSTDOC and the STEM departments on the back. Cost is $5 each, cash only. Email [postdoc@wusm.wustl.edu](mailto:postdoc@wusm.wustl.edu) to schedule a time to purchase a shirt from the Office of Postdoctoral Affairs (OPA).

**OPA Social Media!** You can find us at:

- **Twitter**: [@WUSTLPostdoc, WUSTL Postdoc Office](https://twitter.com/wustlpostdoc)
- **Facebook**: [https://www.facebook.com/OPA.WUSTL](https://www.facebook.com/OPA.WUSTL), Washington University Office of Postdoctoral Affairs
- **LinkedIn Group** for current & alumni postdocs – [Washington University in St. Louis Postdocs](https://www.linkedin.com/groups/11373207) - please join if you haven’t already. This is a private group for career development and networking and is meant to help postdocs keep in touch.

*This newsletter was created for STEM (Science, Technology, Engineering and Math) Postdoctoral Appointees at Washington University. You have received this email because you have been identified as a postdoc or other associated with postdoc functions. If you have questions, please contact the Office of Postdoctoral Affairs at [postdoc@wusm.wustl.edu](mailto:postdoc@wusm.wustl.edu).*